

Wellness Clinic

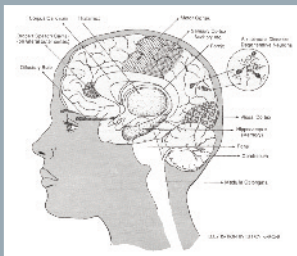
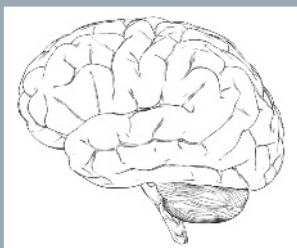
AESTHETICS • REFERRALS • BEAUTY THERAPY

New

Brain Wellness Program

If you or someone you know is experiencing...

- Depression
- Anxiety
- Headache / Migraine
- Memory Loss
- Insomnia
- Lack of Energy
- Weight Issues
- Motivation Issues
- ADD/ADHD
- Difficulty Focusing
- Chronic Pain
- High Stress



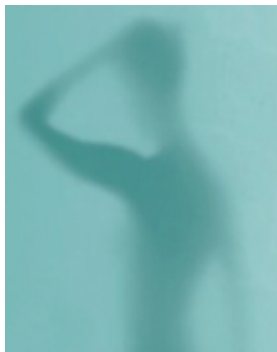
...there is a scientific, all natural, personalised program that can help!

Neurotransmitters are the brain chemicals that communicate information throughout our brain and body. They are involved in every function, from muscle movement to hormone release.

When neurotransmitters such as serotonin and dopamine become depleted we can feel tired, depressed, have problems sleeping or have carbohydrate cravings and start to put on weight.

What causes Neurotransmitters to be depleted?

- High stress levels
- Poor diet
- Lack of protein and omega-3s
- Neurotoxins
- Genetic predisposition
- Drug use (prescription/recreational)
- Too much alcohol and caffeine
- Lack of sleep



You can do something about it!

Research has shown that these important brain chemicals (neurotransmitters) **can be replenished and balanced naturally**. Restoring neurotransmitter levels and achieving your correct balance can have a **profoundly positive effect on your well-being**.

Neurotransmitter Lab Test

Identifies your unique Neurotransmitter Profile with our clinical laboratory assessment, starting with an easy-to-use, in-home testing kit. Complete this test in the privacy of your home, then send it off to the lab for analysis.

Personalised Brain Wellness Report

Contains everything you need to know to get started and progress on your program: your lab results, a customised protocol to enhance neurotransmitter performance.

Amino Acid Supplements

The body makes neurotransmitters from amino acids (protein). 100% natural amino acid supplements are used to boost your neurotransmitter levels and improve symptoms.

A free 30min consultation is available with our practitioner for you to find out how the program can benefit you.

To book please call **01245 349933**
www.wellnessclinic.co.uk